

Walsall Catering Service St Johns Primary Summer Menu April–November 2023

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Fish Fingers	Cheese & Ham Pizza	Chicken Wrap	Roast Chicken	Battered Fish
Menu B	Cheese Lattice Finger (V)	Margherita Pizza (V)	Quorn Wrap (V)	Vegetarian Sausage Roll (V)	Pasta Bake
Light Bites	Jacket Potato & Filling Cheese/Beans/Tuna & Sweetcorn	Jacket Potato & Filling Cheese/Beans/Coleslaw	Jacket Potato & Filling Cheese/Beans	Jacket Potato & Filling Cheese/Beans/Tuna Mayo	Jacket Potato & Filling Cheese/Beans
Healthy Pack Lunch	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []
Starch	Jacket Wedges	Herbie Diced Potatoes	Jacket Wedges	Roast & Creamed Potatoes	Chips
Vegetables	Peas Sweetcorn	Baked Beans	Sweetcorn Carrots	Carrots & Broccoli	Baked Beans Peas
Accompaniments				Gravy	
Desserts	Fresh Fruit Salad Ice Cream Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Doughnuts Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits
Drinks	Plus: Freshly Prepared Salad, Bread Basket Daily Water is Available Daily				
W/C 17/04/23 W/C 08/05/23 W/C 05/06/23 W/C 26/06/23 W/C 17/07/23 W/C 11/09/23 W/C 02/10/23 W/C 23/10/23					

<u>Week 2</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Oven Baked Pork Sausage	Margherita Pizza	Crispy Chicken Wrap	Spaghetti Bolognese	Battered Fish
Menu B	Quorn Sausage (V)	Pasta Bake	Quorn Wrap (V)	Vegetarian Sausage Roll (V)	Quorn Nuggets (V)
Light Bites	Jacket Potato & Filling Cheese/Beans/Tuna Mayo	Jacket Potato & Filling Cheese/Beans/Tuna & Sweetcorn	Jacket Potato & Filling Cheese/Beans	Jacket Potato & Filling Cheese/Beans	Jacket Potato & Filling Cheese/Beans/Tuna Mayo
Healthy Pack Lunch	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []
Starch	Creamed Potatoes Roast Potatoes	Jacket Wedges	Herbie Diced Potatoes	Garlic Bread Jacket Wedges	Chips
Vegetables	Peas Sweetcorn	Baked Beans Spaghetti Hoops	Peas Sweetcorn	Peas	Baked Beans Sweetcorn
Accompaniments	Gravy			Gravy	
Desserts	Fresh Fruit Salad Ice Cream Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Doughnuts Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits
Drinks	Plus: Freshly Prepared Salad, Bread Basket Daily Water is Available Daily				
W/C 24/04/23 W/C 15/05/23 W/C 12/06/23 W/C 03/07/23 W/C 24/07/23 W/C 18/09/23 W/C 09/10/23					

<u>Week 3</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Chicken Burger & Bun	Cheese & Ham Pizza	Chicken Wrap	Roast Turkey	Battered Fish Salmon Fish Fingers***
Menu B	Quorn Southern Fried Burger & Bun (V)	Margherita Pizza (V)	Quorn Wrap (V)	Quorn Fillet (V)	Pasta Bake
Light Bites	Jacket Potato & Filling Cheese/Beans/Tuna & Sweetcorn	Jacket Potato & Filling Cheese/Beans	Jacket Potato & Filling Cheese/Beans/Coleslaw	Jacket Potato & Filling Cheese/Beans	Jacket Potato & Filling Cheese/Beans/Tuna Mayo
Healthy Pack Lunch	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []
Starch	Jacket Wedges	Herbie Diced Potatoes	Potato Waffles	Roast & Creamed Potatoes	Oven Baked Chips Garlic Bread
Vegetables	Peas & Sweetcorn	Baked Beans	Carrots & Sweetcorn	Broccoli & Cauliflower	Spaghetti Hoops Peas
Accompaniments				Gravy	
Desserts	Fresh Fruit Salad Ice Cream Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Doughnuts Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits
Drinks	Plus: Freshly Prepared Salad, Bread Basket Daily Water is Available Daily				
W/C 01/05/23 W/C 22/05/23 W/C 19/06/23 W/C 10/07/23 W/C 04/09/23 W/C 25/09/23 W/C 16/10/23					



Walsall Council

* Fruit
** Wholegrain
*** Oily Fish
V Vegetarian

