



St John's CE Primary School

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14 December 2022

The children in Year 3 have been given the opportunity to take part in a series of Forest School sessions over the next half term within the school grounds. Forest school is, "a child-centred inspirational learning process that offers opportunities for holistic growth through regular sessions. It is a program that supports play, exploration and supported risk taking. It develops confidence and self-esteem through learner inspired, hands-on experiences in a natural setting".

The sessions will be run by Mrs Perks who is our trained Forest School Leader. The sessions will be organised as follows:

Miss Williams Year 3 children: Wednesday 4th January, 11th January and 18th January

Mrs Cutler Year 3 children: Thursday 5th January, 12th January and 19th January

Mrs Causier Year 3 children: Friday 6th January, 13th January and 20th January

There is no cost to take part in the sessions but the children are required to come to school on their Forest School day with a bag of clothes appropriate for the weather. It is really important that the children wear comfortable clothes which keep them warm and dry and that can get dirty. For example: old trousers, joggers, leggings, long sleeved t shirts, tops, jumpers, a waterproof coat (with a hood) and over trousers / puddle suit, wellies or boots and extra socks. Please think of several thinner layers which can be removed if needed rather than one thick layer. Hats, gloves and scarves will also be needed in this winter term session.

Please no trainers during the sessions, as the children's feet will become wet very quickly in our long grassy areas. We do have a limited amount of spare waterproof suits and wellies in a few sizes only so anything that can be brought from home will really help.

The children need to attend school wearing their uniform as normal and will then change into their Forest School clothes after lunch. May I suggest having their clothes, their wellies or boots and waterproofs in a named carrier bag to get changed into right before the session. The children will simply have to remove waterproofs and boots only before coming home. If the children's old clothes become wet from the session they may get changed into their uniform to come home.

We are really looking forward to the children using our developing outdoor area and ultimately have fun in the outdoors!

Mrs Perks

