

Walsall Catering Service Primary School Meals Summer April-October 2021

<u>Week 1</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Meat Balls in Tomato & Basil Sauce	Chicken Curry	Cheese & Ham Pizza	Roast of the Day	Oven Baked Fish (Cooks Choice) Salmon Fish Fingers***
Menu B	Vegetarian Meat Ball in Tomato Sauce (v)	Quorn Curry (v)	Cheese & Tomato Pizza (v)	Quorn Roast (v)	Quorn Sausage Roll (v)
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Healthy Pack Lunch	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []
Starch	Pasta** Herbie Diced Potatoes	Rice** Naan Bread Jacket Wedges	Herbie Diced Potatoes	Roast & Creamed Potatoes	Chips
Vegetables	Peas Sweetcorn	Carrots & Peas	Baked Beans	Carrots & Broccoli	Peas Sweetcorn
Accompaniments				Gravy	
Desserts	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad & Ice Cream* Yoghurt Cheese & Biscuits	Fresh Fruit Salad Doughnut Yoghurt Cheese & Biscuits
Drinks	Plus: Freshly Prepared Salad, Bread Basket Daily Water is Available Daily				
W/C 03/05/21 W/C 24/05/21 W/C 21/06/21 W/C 12/07/21 W/C 13/09/21 W/C 04/10/21					

<u>Week 2</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Oven Baked Sausage	Crispy Chicken Wrap	Cheese & Ham Pizza	Roast Chicken Fillet & Stuffing	Oven Baked Fish (Cooks Choice)
Menu B	Quorn Sausage (v)	Quorn Wrap (v)	Cheese & Tomato Pizza (v)	Quorn Fillet & Stuffing (v)	Quorn Nuggets (v)
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Healthy Pack Lunch	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []
Starch	Creamed Potatoes	Jacket Wedges	Herbie Diced Potatoes	Roast & Creamed Potatoes	Chips
Vegetables	Peas & Sweetcorn	Carrots & Peas	Peas & Sweetcorn	Carrots & Broccoli	Baked Beans
Accompaniments	Gravy			Gravy	
Desserts	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad & Ice Cream* Yoghurt Cheese & Biscuits	Fresh Fruit Salad Doughnut Yoghurt Cheese & Biscuits
Drinks	Plus: Freshly Prepared Salad, Bread Basket Daily Water is Available Daily				
W/C 19/04/21 W/C 10/05/21 W/C 07/06/21 W/C 28/06/21 W/C 19/07/21 W/C 20/09/21 W/C 11/10/21					

<u>Week 3</u>	Monday	Tuesday	Wednesday	Thursday	Friday
Menu A	Chicken Burger & Bun	Lasagne	Cheese & Ham Pizza	Roast of the Day	Oven Baked Fish (Cooks Choice)
Menu B	Quorn Southern Style Burger & Bun (v)	Quorn Lasagne (v)	Cheese & Tomato Pizza (v)	Quorn Roast (v)	Vegan Nuggets (v)
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Healthy Pack Lunch	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []	Tuna [] Cheese [] Ham []
Starch	Herbie Diced Potatoes	Potato Wedges Garlic Bread		Roast & Creamed Potatoes	Chips
Vegetables	Baked Beans	Carrots & Peas	Baked Beans	Broccoli & Carrots	Peas Sweetcorn
Accompaniments				Gravy	
Desserts	Fresh Fruit Salad & Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad Yoghurt Cheese & Biscuits	Fresh Fruit Salad & Ice Cream* Yoghurt Cheese & Biscuits	Fresh Fruit Salad Doughnut Yoghurt Cheese & Biscuits
Drinks	Plus: Freshly Prepared Salad, Bread Basket Daily Water is Available Daily				
W/C 26/04/21 W/C 17/05/21 W/C 14/06/21 W/C 05/07/21 W/C 06/09/21 W/C 27/09/21 W/C 18/10/21					

