

22 October 2021

Dear Parents/Carers

Over the year, as part of our Sex and Relationship curriculum, Year 6 look at Growing and Changing twice; once in the Autumn term where we cover Puberty and again in the Summer term where we look at conception.

Following our SRE policy, we use a whole school scheme called One Decision where the children build on their subject knowledge from previous years. We also use a child-friendly interactive programme designed through consultation of local children alongside Walsall School Health Service, called 'Help I'm Hairy'. The content is very age specific and is delivered by class teachers sensitively. We use a range of delivery methods including diagrams, film, animation and lots of discussion.

Sessions will explore the following:

- Session 1: Hygiene and Emotional Development
- Session 2: Physical Development
- Session 3: One Decision resource encompassing all topics.

The resources have been designed to meet the needs of children as they approach puberty. The overall aim is to provide a foundation of learning that will help children to:

1. Gain further knowledge, information and understanding around the physical and emotional changes experienced through puberty.
2. Develop personal and social skills respecting themselves and others and move with confidence from childhood through adolescence.

Children will be split into boy/girl groups and the sessions will be delivered over different weeks during the half term.

If you have any questions or if you would prefer your child to be withdrawn from the physical development sessions in Session 2 and 3, please contact your child's class teacher via Dojo.

There will be opportunity for the children to ask any questions afterwards, either within the group or more privately to a member of staff.

Kind Regards,

Year 6 Team