



St John's CE Primary School

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15 June 2021

Dear Parents/Carers,

As part of Sex and Relationship Education, we will be delivering a child-friendly interactive programme to Year 6, designed through consultation of local children alongside Walsall School Health Service. As mentioned previously on Dojo, this will be taught in boy/girl groups over a period of three weeks on a Monday morning.

The 'Help I'm Hairy' programme includes animation and film sections exploring topics around;

- Week 1: Hygiene
- Week 2: Emotional Development
- Week 3: Physical Development

The interactive teaching resource has been designed to meet the needs of children as they approach puberty. The overall aim is to provide a foundation of learning that will help children to:

1. Gain further knowledge, information and understanding around the physical and emotional changes experienced through puberty.
2. Develop personal and social skills respecting themselves and others and move with confidence from childhood through adolescence.

If you have any questions or if you would prefer your child to be withdrawn from the physical development session, please contact me via Dojo by Monday 21st June.

There will be opportunity for them to ask any questions afterwards either within the group or more privately to a member of staff.

Kind Regards,

Mrs Wynn

