



## St John's CE Primary School

Brook Lane, Walsall Wood, Walsall, WS9 9NA

Head Teacher: Mr A C Mills

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Dear Parents / Carers,

At St John's we know that there is a strong link between educational outcomes and the health and wellbeing of our pupils. We have always aimed to develop and deliver multi-component interventions across school adopting a 'whole school approach' in order to increase physical activity.

We have tried hard within school to retain our thirty minutes per day exercise through our daily 'Walk a Mile' and interventions such as 'Active Maths'. However, the past year has been challenging for all of us both physically and mentally. Sports clubs both inside and out of school have been cancelled for many months are even now only working at a limited capacity. With this in mind we would like to offer additional support to those who feel they may need it.

If you feel your child has not been living the healthy lifestyle during this challenging time that you would wish for them we are here to help. Just as we would if a child was dropping back slightly with reading, writing or maths, we would like to create a 'watch list' of children that may need encouragement to participate in after school clubs, lunchtime clubs or may need support with making healthy food choices.

This support will be offered by Mr Greaves in the first instance with support from a number of staff members dependant on the needs of your child. If you feel this support is something you would like to access please complete the online form and let us know. We will then contact you to let you know what we can offer.

Yours sincerely,

Mrs Mills

Please click below to access the online form:

[https://forms.office.com/Pages/ResponsePage.aspx?id=EaDrmRv0A0a9dNZtK9hDJ4EsRar\\_eqxNoXVow\\_zjwD9URExaME45OURXQlgzOFhPQ1ZFUVI2TTJCUC4u](https://forms.office.com/Pages/ResponsePage.aspx?id=EaDrmRv0A0a9dNZtK9hDJ4EsRar_eqxNoXVow_zjwD9URExaME45OURXQlgzOFhPQ1ZFUVI2TTJCUC4u)





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